<u>Purpose</u>: Service is a fundamental principle of the International Baccalaureate Programs, seeking to help in the development of young, caring members of our communities. IB challenges students within its programs to be active participants in the needs and opportunities of our local environments. Through service, we are helping students to broaden their understanding of community participation as well as their global role as unique and present individuals.

What is the IB Day of Service?

The IB Day of Service is a universal day in which all dedicated IB Schools in Arizona participate in service activities that help to support their specific community needs. EVERY school decides their own service activity/project(s) but we all do it on the same assigned day, helping to build one of the core principles of IB; Service in Action.

Examples of past IB Day of Service Activities/Projects:

- 1. Working at the local food bank
- 2. Tutoring younger children
- 3. Cleaning up trash in the park
- 4. Filling food bags for the community
- 5. Food & Hygiene Drives for Community members
- 6. Design and organization of a 'Care Closet' for campus community
- 7. Positive rock painting supporting Mental health awareness
- 8. Painting over graffiti in local parks
- 9. Cleaning a school campus
- 10. Working to support 'cooling centers' for the homeless

Student Reflections:

"The IB Day of Service offered the opportunity to be a risk-taker and commit myself to a project that would better my community while also growing my character. The diverse acts of service catalyzed an open mindset that prioritizes others' feelings, experiences, and problems. It helped me to reflect on what I am capable of and how I can enact change locally and globally." – Emma Weiss, IB Diploma Student

"The IB day of service was an eye-opening experience that enlightened me on the differences of people within our community, and what steps to take to provide help for anyone around you. It then gave me an opportunity to effectively communicate with other volunteers and conceptualize on how to find a balance between school, sports, and helping my community, and it was the epitome of IB." – Shae Laskowski-Trant, IB Career Student

<u>Process:</u> These are the processes we have used in the formation of the AZ IB Day of Service, however these could be modified based on the needs of each independent State/School.

Association level:

- 1. Arizona Association meets during their summer retreat and sets the Day of Service date for the year. This date is communicated to all IB schools in AZ through our association members and various communication portals.
- 2. AZIBS member sends in the request for the Commendation from the State Governor to bring attention to this day schools that are participating will also be provided in the description given to the Governor.
- 3. A press release from one of the AZIBS members is designed and approved, listing all participating schools as well as sample projects being completed.

School level:

- 1. School IB Service Representative helps to reach out to multiple sources to see about availability for a large group of students to participate in this type of activity.
- 2. Based on the availability and need, IB students then meet and discuss the various possibilities for service on this day. Students do some research, discuss and decide which project(s) they want to take part in on the IB DOS.... This helps to build more personal commitment and ownership for the activity.
- 3. Students then meet weekly to set up plans for the Day.... Depending on the service activity, students may need to look for community sponsorships OR request supplies, etc....
- 4. Review if buses are needed and if so, decide where that funding will come from.
- 5. Student Permission Slips will need to be collected and on file with the school
 - a. Be sure to identify any specific needs for students, i.e. transportation, meals, etc...
- 6. Student List needs to be sent out to the entire school and attached to the attendance office to excuse absence from the day.
- 7. Upon completion of the IB DOS, students meet and reflect on the event... focus questions:
 - a. Reflect on the IB Day of Service and HOW it impacted YOU.
 - b. Reflect on how the Day of Service impacted the local/state and/or global community.
 - c. Why is it important to participate in these types of events?
 - d. How would you change or restructure a Day of Service in the future? Explain why you would want to see these changes.

Pictures from Past Days of Service in AZ (these are from all levels – PYP, MYP, CP & DP):





